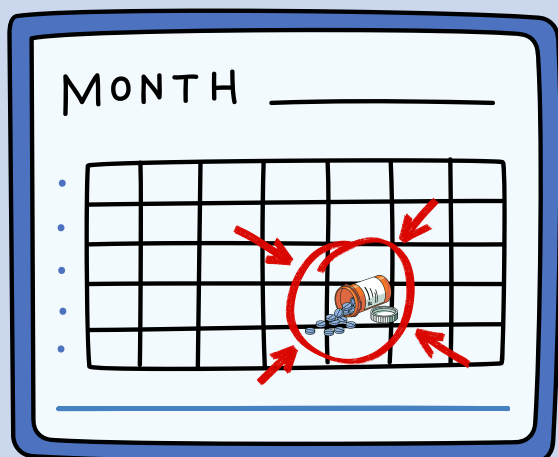


OUT OF THE CABINET, OUT OF HARM'S WAY

4 WAYS TO DISPOSE OF UNUSED AND EXPIRED MEDICINES SAFELY TO HELP AVOID ACCIDENTAL EXPOSURES AND TO PREVENT TEEN DRUG USE.



1. DRUG TAKE BACK EVENTS

The United States Drug Enforcement Administration (DEA) hosts National Prescription Drug Take Back Days a couple of times a year. You can take medications that you no longer need — both prescription and over-the-counter — to these locations for proper disposal.

Go to <https://www.dea.gov/takebackday> to see collection sites and dates near you.

2. DEA AUTHORIZED COLLECTION SITES

The DEA is now encouraging the public to make “Every Day Take Back Day” by using year-round collection sites to dispose of unneeded and unwanted medications. Visit the [DEA Collection Site Locator](#) to find a pharmacy, hospital, or business with a DEA-registered year-round collection near you.

Many local police departments also provide year-round drug disposal boxes.



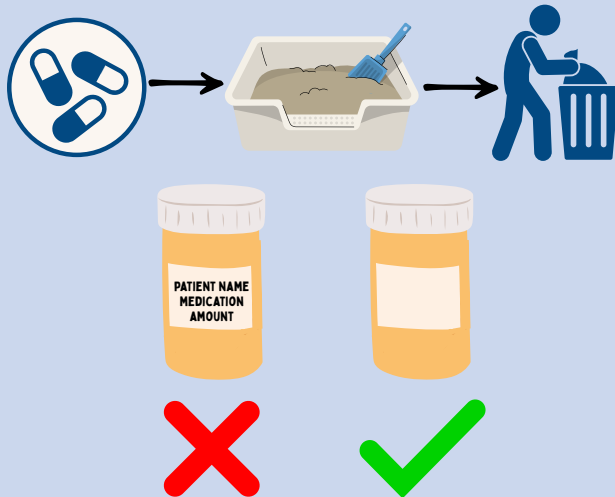
3. FDA FLUSH LIST

It's best to avoid flushing any medication — whether it's prescription or over-the-counter — unless it's on the [FDA flush list](#). Flushing medications down the toilet is only recommended for specific drugs that primarily include strong pain medications. These medications should not be placed in a trash can because there is a potential risk of serious harm if someone accidentally swallows them.

4. HOUSEHOLD TRASH

If you do not have a drug take back option and you have medications that are not on the [FDA flush list](#), you may dispose of the medications in the household trash. Remove your unwanted medications from their original containers and mix them with an undesirable substance such as kitty litter or coffee grounds, and put them in a sealed plastic container or bag before disposal.

Be sure to remove any personal identifying information before throwing away the empty prescription bottles.



Aim to go through your medicine cabinet regularly to clear out expired medications and those that are no longer needed. Note that different medications may need different disposal procedures.



TOGETHER, WE CAN KEEP OUR HOMES AND COMMUNITIES SAFER BY DISPOSING OF UNUSED MEDICATIONS PROPERLY. IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE DRUG AND POISON INFORMATION CENTER AT 1-800-222-1222.